**Consolidated Report**

**Academic Year 2015-2016**

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| **S.No** | **Date** | **Programme Name** | **Resource Person** | **No. of Students** |
|  | **31.08.15** | **Stress Management and Mental Health** | **Dr. Arun Vijay Subburayalu, Director, Quality Studies and Research Unit, Deanship of quality and Accreditation,**  **University of Dammam, KSA** | **180** |
|  | **8.03.16** | **“Enhancing Insight on Reproductive Health and Impact of Nutrition in Adolescent Health” on International Women’s Day Celebration** | **Dr. Parimala Devi MD**  **Dean-Cum-Special Officer, Govt. Medical College Pudukkottai**  **Prof. Mrs. H.M. Jasmine Sheela, M.Sc(N), Ph.d.,**  **Principal at Mount Zion College of Nursing,**  **Pudukkottai** | **All Girls Students** |
|  | **5.04.16** | **Mental Health**  **RehabilitationTopic : Hoping Skills** | **Prof. G. Gurubharathy (Consultant),**  **MS. Chellamuthu Institute of Mental Health Rehabilitation**  **Ms. Maheswari MBA, MSc.,Counselling Psycho Therapy Faculty MS Chella Muthu Institute of Mental Health Rehabilitation**  **Mrs. Easha MSc., Counselling Psycho TherapyFaculty MS Chella Muthu Institute of Mental Health** | **240** |

**Consolidated Report**

**Academic Year 2016-2017**

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| **S.No** | **Date** | **Programme Name** | **Resource Person** | **No. of Students** |
|  | **14.10.16** | **The Effects of Social Media on Students’ Behaviors** | **Mr.M. Gopinath**  **Founder & CEO GTECH Web Solution, Pudukkottai** | **All I Year Students** |
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